



La Senda del Corredor

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Adharanand Finn

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Thousands of professional runners compete for corporate teams in some of the most competitive races in the world. Marathon monks run a thousand marathons in a thousand days to reach spiritual enlightenment. Adharanand Finn - award-winning author of *Running With The Kenyans* - spent six months immersed in this unique running culture to discover.

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312 pages

About the Author

Adharanand Finn is the author of *Running With the Kenyans*, which was shortlisted for the William Hill Sports Book Award. He is an editor at the Guardian and a freelance journalist. He currently competes with the Torbay Athletic Club in Devon, U.K., where he lives with his family. Follow him on Twitter at @adharanand.

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